



**Benola**  
A Cerebral Palsy Initiative



**ADDRESS:**

Suite 18/19/20, Praise Plaza,  
Ajah Addo Road, Lekki Lagos  
Nigeria.

Tel: +2348170973349

Email: [info@benola.org](mailto:info@benola.org)

Website: [www.benola.org](http://www.benola.org)

**OUR VISION**

An inclusive Africa in which those living with Cerebral Palsy get proper recognition and are given equal opportunity to fully develop and exploit their potentials.

**OUR MISSION**

To become the lead supportive agency on Cerebral Palsy in Africa and a leading advocate for the rights of those living with limitations.

# The laughter of a child with special needs could simply be one of the most beautiful sound in the world!



## JANUARY 2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
	<b>OTHER EVENTS</b> Thursdays - CP Thursday WhatsApp Meeting for CP Parents					



**Benola**  
A Cerebral Palsy Initiative  
*Changing the Face of Cerebral Palsy in Africa!*

Suite 18/19/20, Praise Plaza, Ajah Addo Road,  
Lekki Lagos Nigeria. Tel: +2348170973349  
Email: [info@benola.org](mailto:info@benola.org) Website: [www.benola.org](http://www.benola.org)

### SUPPORT US:

As a Non-profit, we depend entirely on voluntary contributions from kind hearted individuals and organisations/businesses to carry on this vital work.

### OUR ACCOUNT DETAILS:

ACCOUNT NAME: Benola - A cerebral Palsy Initiative  
ACCOUNT NUMBERS: Fidelity Bank - 5600002929  
First Bank - 2032068801 GTBank - 0161705841







**Join the World to Commemorate**



# American Cerebral Palsy Awareness Day

**March 25**

**MARCH 2025**

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	25th Mar - American CP Awareness Day <u>OTHER EVENTS</u> Thursdays - CP Thursday WhatsApp Meeting for CP Parents				



**Benola**  
A Cerebral Palsy Initiative  
*Changing the Face of Cerebral Palsy in Africa!*

Suite 18/19/20, Praise Plaza, Ajah Addo Road,  
Lekki Lagos Nigeria. Tel: +2348170973349  
Email: [info@benola.org](mailto:info@benola.org) Website: [www.benola.org](http://www.benola.org)

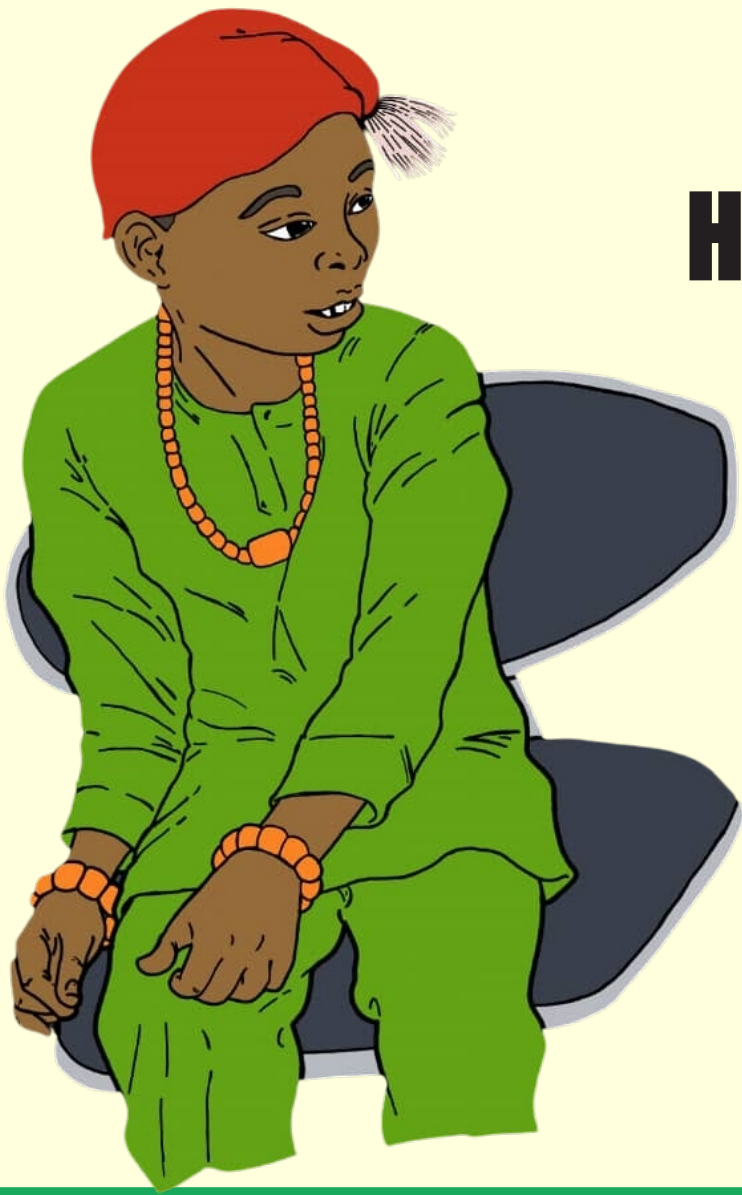
## SUPPORT US:

As a Non-profit, we depend entirely on voluntary contributions from kind hearted individuals and organisations/businesses to carry on this vital work.

## OUR ACCOUNT DETAILS:

ACCOUNT NAME: Benola - A cerebral Palsy Initiative  
**ACCOUNT NUMBERS:** Fidelity Bank - 5600002929  
First Bank - 2032068801 GTBank - 0161705841





**How we talk or think about  
DISABILITIES  
can make a big  
difference in how other  
people think about  
DISABILITIES!**

**APRIL 2025**

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	<b>OTHER EVENTS</b> Thursdays - CP Thursday WhatsApp Meeting for CP Parents		



**Benola**  
A Cerebral Palsy Initiative  
*Changing the Face of Cerebral Palsy in Africa!*

Suite 18/19/20, Praise Plaza, Ajah Addo Road,  
Lekki Lagos Nigeria. Tel: +2348170973349  
Email: [info@benola.org](mailto:info@benola.org) Website: [www.benola.org](http://www.benola.org)

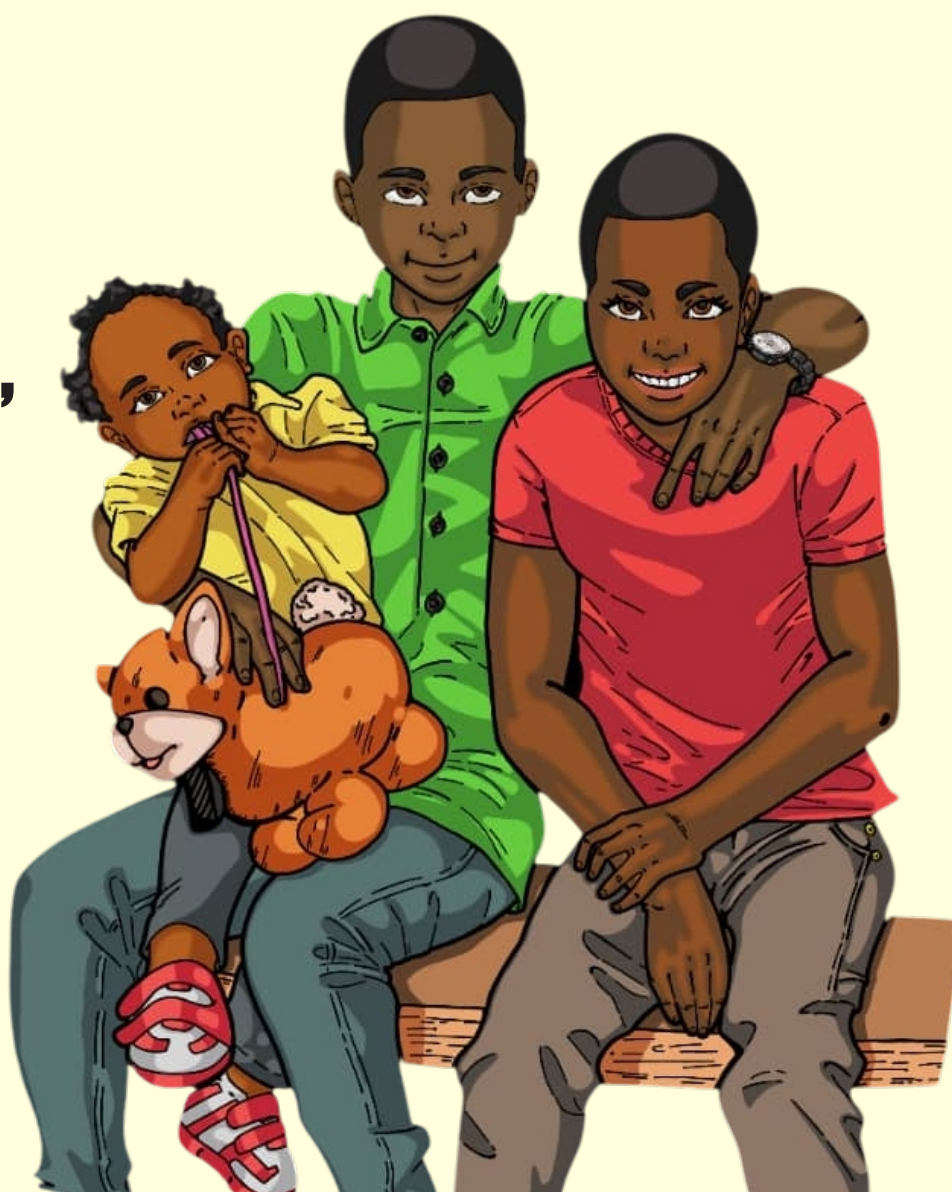
**SUPPORT US:**

As a Non-profit, we depend entirely on voluntary contributions from kind hearted individuals and organisations/businesses to carry on this vital work.

**OUR ACCOUNT DETAILS:**

ACCOUNT NAME: Benola - A cerebral Palsy Initiative  
ACCOUNT NUMBERS: Fidelity Bank - 5600002929  
First Bank - 2032068801 GTBank - 0161705841

**“INCLUSION**  
**is more than a set**  
**of strategies or practices,**  
**it is an educational**  
**orientation that respects**  
**and builds on the**  
**uniqueness that each**  
**learner brings to the**  
**classroom”**



**MAY 2025**

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

27th May - Children's Day

OTHER EVENTS

Thursdays - CP Thursday WhatsApp Meeting for CP Parents



**Benola**  
A Cerebral Palsy Initiative

*Changing the Face of Cerebral Palsy in Africa!*

Suite 18/19/20, Praise Plaza, Ajah Addo Road,

Lekki Lagos Nigeria. Tel: +2348170973349

Email: [info@benola.org](mailto:info@benola.org) Website: [www.benola.org](http://www.benola.org)

### SUPPORT US:

As a Non-profit, we depend entirely on voluntary contributions from kind hearted individuals and organisations/businesses to carry on this vital work.

### OUR ACCOUNT DETAILS:

ACCOUNT NAME: Benola - A cerebral Palsy Initiative

ACCOUNT NUMBERS: Fidelity Bank - 5600002929

First Bank - 2032068801 GTBank - 0161705841





**Benola**  
A Cerebral Palsy Initiative

Join us as we Celebrate

**BENOLA DAY**

&

**OLAOLUWA'S  
BIRTHDAY**

Join us live via



**zoom**

**JUNE 2025**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	12th June - Democracy Day 14th June - 13th Benola Day & Olaoluwa's 29th Birthday Celebrations		OTHER EVENTS Thursdays - CP Thursday WhatsApp Meeting for CP Parents		



**Benola**  
A Cerebral Palsy Initiative  
*Changing the Face of Cerebral Palsy in Africa!*

Suite 18/19/20, Praise Plaza, Ajah Addo Road,  
Lekki Lagos Nigeria. Tel: +2348170973349  
Email: [info@benola.org](mailto:info@benola.org) Website: [www.benola.org](http://www.benola.org)

#### SUPPORT US:

As a Non-profit, we depend entirely on voluntary contributions from kind hearted individuals and organisations/businesses to carry on this vital work.

#### OUR ACCOUNT DETAILS:

ACCOUNT NAME: Benola - A cerebral Palsy Initiative  
ACCOUNT NUMBERS: Fidelity Bank - 5600002929  
First Bank - 2032068801 GTBank - 0161705841

# CEREBRAL PALSY:

When properly managed, is a unique experience that affects the whole family positively!



**JULY 2025**

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## OTHER EVENTS

Thursdays - CP Thursday WhatsApp Meeting for CP Parents



**Benola**  
A Cerebral Palsy Initiative

*Changing the Face of Cerebral Palsy in Africa!*

Suite 18/19/20, Praise Plaza, Ajah Addo Road,

Lekki Lagos Nigeria. Tel: +2348170973349

Email: [info@benola.org](mailto:info@benola.org) Website: [www.benola.org](http://www.benola.org)

## SUPPORT US:

As a Non-profit, we depend entirely on voluntary contributions from kind hearted individuals and organisations/businesses to carry on this vital work.

## OUR ACCOUNT DETAILS:

ACCOUNT NAME: Benola - A cerebral Palsy Initiative

ACCOUNT NUMBERS: Fidelity Bank - 5600002929

First Bank - 2032068801 GTBank - 0161705841



# NATIONAL CEREBRAL PALSY FAMILY FORUM

A unique opportunity for Parents, Care Givers and Stake Holders in the Health Care Industry to come together and share experiences.



**Consultation, Refreshments, Assistive Devices, Networking and more.**

## OUR ACCOUNT NUMBERS

 **Fidelity**  
**5600002929**

 **FirstBank**  
**2032068801**



**0161705841**



## AUGUST 2025

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	<p>16th Aug - Benola's 13th National Cerebral Palsy Family Forum</p> <p><b>OTHER EVENTS</b></p> <p>Thursdays - CP Thursday WhatsApp Meeting for CP Parents</p>					



**Benola**  
A Cerebral Palsy Initiative  
*Changing the Face of Cerebral Palsy in Africa!*

Suite 18/19/20, Praise Plaza, Ajah Addo Road,  
Lekki Lagos Nigeria. Tel: +2348170973349  
Email: [info@benola.org](mailto:info@benola.org) Website: [www.benola.org](http://www.benola.org)

### SUPPORT US:

As a Non-profit, we depend entirely on voluntary contributions from kind hearted individuals and organisations/businesses to carry on this vital work.

### OUR ACCOUNT DETAILS:

ACCOUNT NAME: Benola - A cerebral Palsy Initiative  
ACCOUNT NUMBERS: Fidelity Bank - 5600002929  
First Bank - 2032068801 GTBank - 0161705841

# #Stepping4CP!®

Another opportunity to help  
raise awareness about

## CEREBRAL PALSY

& support BENOLA'S advocacy  
campaign!

**1ST - 30TH SEPTEMBER**



### SEPTEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1st - 30th Sept - #Stepping4CP 6th Edition			
OTHER EVENTS						
Thursdays - CP Thursday WhatsApp Meeting for CP Parents						



**Benola**  
A Cerebral Palsy Initiative

*Changing the Face of Cerebral Palsy in Africa!*

Suite 18/19/20, Praise Plaza, Ajah Addo Road,

Lekki Lagos Nigeria. Tel: +2348170973349

Email: [info@benola.org](mailto:info@benola.org) Website: [www.benola.org](http://www.benola.org)

#### SUPPORT US:

As a Non-profit, we depend entirely on voluntary contributions from kind hearted individuals and organisations/businesses to carry on this vital work.

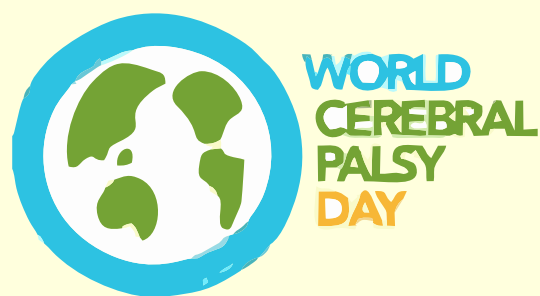
#### OUR ACCOUNT DETAILS:

ACCOUNT NAME: Benola - A cerebral Palsy Initiative

ACCOUNT NUMBERS: Fidelity Bank - 5600002929

First Bank - 2032068801 GTBank - 0161705841





**JOIN US AS WE CELEBRATE**

# WORLD CP DAY

For support & Enquiries, E-mail: [info@benola.org](mailto:info@benola.org) ,  
+234 817 097 3349(Whatsapp/SMS)

**Benola - Changing the face of Cerebral Palsy in Africa!**

**OCTOBER 2025**

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

1st Oct - Independence Day  
4th Oct - Benola's World CP Day Zumba Session  
6th Oct - World CP Day

**OTHER EVENTS**  
Thursdays - CP Thursday WhatsApp Meeting for CP Parents



**Benola**  
A Cerebral Palsy Initiative  
*Changing the Face of Cerebral Palsy in Africa!*

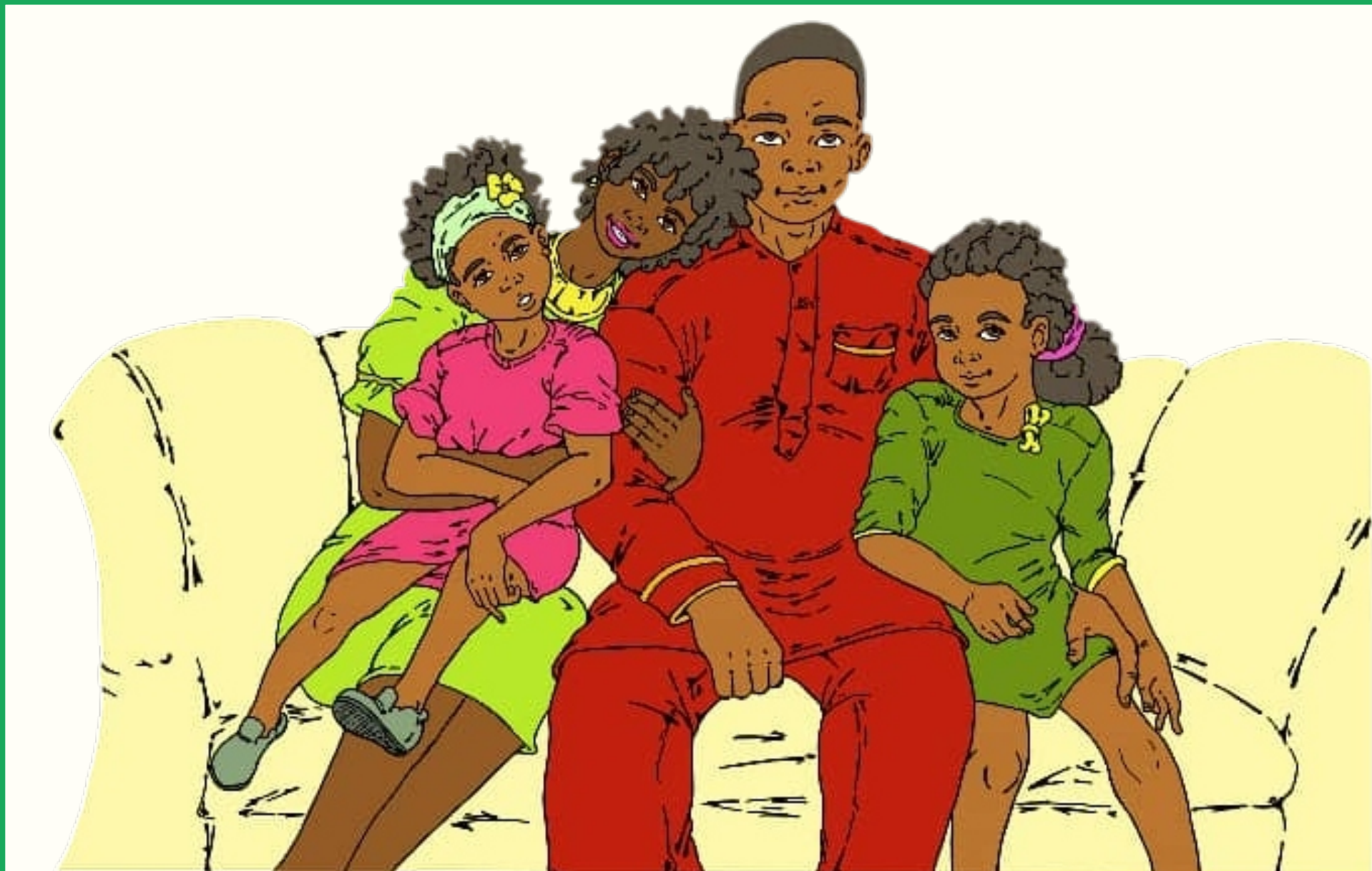
Suite 18/19/20, Praise Plaza, Ajah Addo Road,  
Lekki Lagos Nigeria. Tel: +2348170973349  
Email: [info@benola.org](mailto:info@benola.org) Website: [www.benola.org](http://www.benola.org)

## SUPPORT US:

As a Non-profit, we depend entirely on voluntary contributions from kind hearted individuals and organisations/businesses to carry on this vital work.

## OUR ACCOUNT DETAILS:

ACCOUNT NAME: Benola - A cerebral Palsy Initiative  
ACCOUNT NUMBERS: Fidelity Bank - 5600002929  
First Bank - 2032068801 GTBank - 0161705841



## NOVEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	<b>OTHER EVENTS</b> Thursdays - CP Thursday WhatsApp Meeting for CP Parents				



**Benola**  
A Cerebral Palsy Initiative  
*Changing the Face of Cerebral Palsy in Africa!*

Suite 18/19/20, Praise Plaza, Ajah Addo Road,  
Lekki Lagos Nigeria. Tel: +2348170973349  
Email: [info@benola.org](mailto:info@benola.org) Website: [www.benola.org](http://www.benola.org)

### SUPPORT US:

As a Non-profit, we depend entirely on voluntary contributions from kind hearted individuals and organisations/businesses to carry on this vital work.

### OUR ACCOUNT DETAILS:

ACCOUNT NAME: Benola - A cerebral Palsy Initiative  
ACCOUNT NUMBERS: Fidelity Bank - 5600002929  
First Bank - 2032068801 GTBank - 0161705841





**Benola**  
A Cerebral Palsy Initiative

## CP FAMILIES CHRISTMAS OUTREACH

Please partner with us to bring a touch of Christmas to  
**CEREBRAL PALSY FAMILIES**

### OUR ACCOUNT NUMBERS



**Fidelity**



**5600002929**

**2032068801**

**0161705841**



## DECEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

3rd Dec - International Day of Persons with Disability  
13th Dec - Benola's Christmas Activities  
25th Dec - Christmas Day  
26th Dec - Boxing Day

#### OTHER EVENTS

Thursdays - CP Thursday WhatsApp Meeting for CP Parents



**Benola**  
A Cerebral Palsy Initiative  
*Changing the Face of Cerebral Palsy in Africa!*

Suite 18/19/20, Praise Plaza, Ajah Addo Road,

Lekki Lagos Nigeria. Tel: +2348170973349

Email: [info@benola.org](mailto:info@benola.org) Website: [www.benola.org](http://www.benola.org)

#### SUPPORT US:

As a Non-profit, we depend entirely on voluntary contributions from kind hearted individuals and organisations/businesses to carry on this vital work.

#### OUR ACCOUNT DETAILS:

ACCOUNT NAME: Benola - A cerebral Palsy Initiative

ACCOUNT NUMBERS: Fidelity Bank - 5600002929

First Bank - 2032068801 GTBank - 0161705841